

TIDAL RIDE SCHEDULE FOR MAY

The West Ridge Mall Doors Open at 9am. The easiest access is the entrance next to Kirklands. Enter and head down the hall towards the food court. We are across the hall from JC Penny and our Ignite Studio is beside the kids play area.

MONDAYS:

9:15am Katie
6:00pm Candi

WEDNESDAYS:

9:15am Katie
6:00pm Dawn

FRIDAYS:

9:15 Katie

TUESDAYS:

6:00pm Candi

THURSDAYS:

6:00pm Holly

SATURDAYS:

9:15am Alt. Instructors